

Education, Healthcare, Therapy and Mentoring for Young Women in Need

FALL 2019

the clients' commendable

character qualities.

A summer Garden Party was the ideal setting to recognize the accomplishments of the young women of Pathways.

Twenty-eight clients were rewarded with a \$50 gift card for scholarship and character—15 earned a GPA of 3.5 or higher, and 13 were honored by their mentors for their outstanding character.

Our Executive Director, Goretty Ramos, shares the significant details of the afternoon 's events:

The young women of Pathways and their accomplishments were the focus and highlight of our client BBQ. We are very proud of their hard work perseverance.

The character awards were a reminder that our clients are becoming exemplary young women, dedicated, focused, committed to their education and personal growth. Some experienced recent obstacles that could have derailed their progress—loss of loved ones, or serious health issues; however, the women of Pathways utilized their support systems and persevered. They did not allow potential setbacks to get in the way of their goals!

Our mentors have the honor of guiding our clients and witnessing their transformation. We are all in awe of what they can accomplish, of their outstanding character, and their incredible journey.

One member noted with pride that her mentee had been selected to participate in a physics project in Rome, Italy. She was congratulated for bravely stepping out to work in a distant country, among unfamiliar colleagues, and managing life for a season where she did not speak the local language. But she rose to the challenge and gained immeasurable experience, bolstering both her self-confidence and enriching her resume.

DETERMINATION COMPASSION **POSITIVITY** HARD WORK DEDICATION VOLUNTEERISI HONESTY Among the terms used by their mentors to describe



FRIENDS OF PATHWAYS RAISES A RECORD \$750,000 AT "FIESTA IN THE PARK"!

The Friends of Pathways 23rd annual fundraising event was a night to remember. "Fiesta in the Park" transformed the streets of Park Estates into the vibrant, colorful and festive atmosphere of Old Mexico to celebrate the mission of Pathways to Independence. More than 750 guests enjoyed strolling Mariachis, food from over 30 local restaurants, live entertainment, an array of fabulous silent and live auction items and - our very special guest – Burrito the Burro!

The evening featured inspirational stories from Pathways supporters and clients. Franc, a current client, shared her emotional journey to Pathways and the transformation that has taken place in her life. The prestigious Change Maker Award was graciously presented by Rick Kaplan to long-time Pathways supporters Diane and Mike Jensen for their incredible dedication and commitment to the Pathways mission.











Thank you to our generous guests, supporters, volunteers, and partners who helped make this evening a huge success. Especially our **Presenting Sponsor, Farmers & Merchants Bank and all of the sponsors!** Together we raised more than \$750,000 net for Pathways to Independence providing over half of the annual operating budget. "We are so grateful for the generosity from everyone who supports Pathways with their time, services and donations to make this event a success," said Fund Developer, Lisa Mais.





Images courtesy of photographer Tom Irwin

PATHWAYS AUTUMN 2019 3

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Opportunity Winners

Congratulations to the lucky winners:

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Jenn Wolfe: \$3,000 plan your dream vacation!

2ND PRIZE

Charles Thomas: \$1,000 cash 3RD PRIZE

Dennis Bedell: \$500 gift card to Terranea Resort



WHERE ARE THEY NOW?

"I am no longer broken."

Having endured physical, sexual, and emotional abuse in my young life, I had to learn how to love and be loved. My Pathways mentor and therapists helped me to learn to control my anger, to love my daughter, and to trust others.

I had walled myself off from the world of hurt in order to protect myself. But I had to learn to drop all the barriers I had created in order to receive the help I needed. I learned to forgive my abusers in order to

release the pain and to begin to rebuild my sense of self. I am finally not a victim!

Since that cycle of violence was broken, sometime ago I was reunited with my 7-year-old daughter. She just recently graduated college with a Bachelor's Degree in English!

My Pathways mentor showed me that a man is capable of

I HAD WALLED

MYSELF OFF FROM

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HURT IN ORDER TO

PROTECT MYSELF

loving a girl without asking for anything in return. I have come to love myself, so that I can love others and overcome the pain of sexual abuse. I am now a Licensed Clinical Social Worker, just like my Pathways therapist!

I owe my whole life to Pathways, which transformed me from that uneducated, foul-mouthed, immature, and damaged little girl. I am now a loving mother, daughter, wife, and friend. Sober for 18

years now, I earned a Master's Degree in 2015. I am employed as the Program Administrator for an adult mental health partnership, a position I find truly rewarding.

I love my job, my husband and my daughters. We keep an open door for anyone who needs help. There are always a few obstacles along life's path, but with the Lord and our family, we get through everything together.



Memory, Pathways Alum.





Smiles Make a Difference

Pathways is incredibly fortunate that over 20 area dentists have been providing pro bono care to our clients, some for as long as 20 years! We salute their generosity and volunteerism.

Alyson Emery, DDS, explains why she devotes her time and energy to transforming the smiles and self-concepts to our clients:

"I began providing dental care to several clients in 2007 and have enjoyed every client I have treated. My entire staff would agree that Pathways clients are some of our favorite patients. We are continually impressed with the progress each young woman makes throughout their years in the organization, as well as the success they enjoy after graduation.

Many of the clients I have treated needed a significant

GREATFUL CLIENTS VOICE
THEIR APPRECIATION:

"I HADN'T SEEN A DENTIST IN MANY YEARS"

"DR WHITE AND DR SAMUELSON GAVE ME A COMFORTABLE FIRST IMPRESSION"

"WHEN I ENTERED
PATHWAYS, I BASICALLY
HAD NO TEETH! MY JAW
HAD TO BE BROKEN. I HAD
ORAL SURGERY, IMPLANTS
AND BRACES."

amount of dentistry, so it has been heartwarming to watch them shine and find relief from physical discomfort.

We witness their increased self-esteem and self confidence which enables them to present themselves better in social as well as business settings. With their new smiles, the clients are more comfortable going on job interviews.

The Pathways clients are so grateful for all the opportunities they receive in the program. We have built lifetime relationships with many of these young women, many of whom continue to receive dental care in our office after graduation. I often say, "I would love to have an entire dental practice of Pathways to Independence clients!"

Kimberly Johnson, DDS, echoes the sentiment:

"I am always impressed by the intelligent, hardworking, confident women I have met in the Pathways program. It is an honor to be part of their care, creating good dental experiences and lifelong healthy dental habits. These wonderful young women are a positive source of energy in my day."

Stephen Coates, DDS, FAGD, writes:

"We in the dental profession understand that first impressions are so important, and this is why so many great dentists donate their time and resources to partner with Pathways. I wish continued success in all Pathways endeavors and look forward to assisting in their mission."

Thank you to the dentists below who gave permission to

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Donald P. Tormey, D.D.S.

BAYSHORE DENTAL

Loren D. Rench Jr., D.D.S. (562) 494-3477

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Pathways to Independence relies on the generosity of over 300 annual volunteers. Our volunteers are essential to the transformation and incredible growth of the young women we serve, women who come from circumstances devasted by homelessness, abuse and neglect.

EMAIL US TODAY!

Goretty.ramos@pathwaystoindependence.org



P.O. Box 43, Los Alamitos, CA 90720 562.493.9048 PathwaystoIndependence.org

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For the 24th Annual Fundraiser: Saturday, October 3rd, 2020



Through your donations to Pathways, our clients learn independence, and futures are changed for the better.

Thank you for your consideration in contributing to Pathways.

Since its inception in 1991, over 300 young women have participated in the program. Pathways is appreciative of its personal, corporate and service organization sponsors, as well as the health care providers who donate their services without charge to improve the quality of life of Pathways clients.

For more info call 562-493-9048

Fiesta in the Park would not be possible without the kindness of our homeowners

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We are grateful to the following performers and artists

Mariachi Tessero Sabor de Mexico Dance Studio Arthur Murray DJ - Bill Lovelace



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